

DEPARTMENT OF THE ARMY US ARMY INSTALLATION MANAGEMENT COMMAND 2405 GUN SHED ROAD JOINT BASE SAN ANTONIO FORT SAM HOUSTON, TX 78234-1223

Better Opportunities for Single Soldiers (BOSS) Executive Summary (EXSUM) to the Sergeant Major of the Army (SMA) July 2022

## DA BOSS Program:

- Soldier Showdown 4 Halo segment has ended with 133 Soldiers participating. Currently, Soldiers are playing Madden.
- -

# **Building Cohesive Teams:**

- Rheinland-Pfalz On the 78th anniversary of D-Day, KMC BOSS took a group of 24 Service Members on an educational history tour in the Normandy region of France. BOSS service members learned about key events that led to the success of the invasion, parts of the planning process that took place, and were able to honor our heroes that changed the course of history.
- Fort Jackson: BOSS Soldiers participated in the 1st Annual BOSS Day consisting of three phases. Phase 1 consisted of four Teams competing in a friendly head-to-head game of Ultimate Football. Phase 2 was an education seminar from Army Continuing Education Services, Army Wellness Center, Financial Readiness, and Behavioral Health Resources. Phase 3 consisted of a nutrition team from Moncrief Army Health Center that grilled burgers and educated the Soldiers on food handling and nutritional value. The day ended with ACS, ASAP, Military One Source and the Wellness Center supporting the Single Soldiers with tables, an array of food, and some competition of volleyball, corn hole, board games and music!

#### FIT:

- **Joint Base Lewis-McChord:** BOSS hosted a yoga class that demonstrated to Service Members how to properly recover and engage in flexibility and strength training, range of motion, and mental resiliency.

### Discipline:

- Vicenza: BOSS Soldiers hosted a State of the Barracks Forum, where Soldiers were able to address concerns to Senior Leaders and hear from agency leads on the installation.
- **Carson/Knox/Campbell/Humphreys** Worked with SAMC to host mock board to provide junior Soldiers a better understanding of professional development.

#### Trained:

- Fort Leonard Wood: 11 Soldiers were able to achieve scuba certification. Soldiers learned the aspects of underwater diving and proper us of their scuba equipment.

### **Request SMA support on:**

NSTR